



# Aprende inglés con “For Years”

¡Bienvenido a tu material de apoyo!

Este documento te ayudará a sacarle el máximo provecho a “For Years”. Practicarás **preguntas en presente perfecto**, **marcadores temporales** (*ever, never, already, yet, just, recently, lately, so far*), **for/since**, y **verbos (irregulares y regulares)**. ¡Disfruta y mejora tu inglés!

## Parte 1: Antes de escuchar – “Activa y clasifica”

**Objetivo:** Activar conocimientos previos y organizar el vocabulario y temas clave de la canción.

### 1. Piensa y elige

#### 1.1 Clasifica los *tipos de preguntas* en presente perfecto (A–D)

- **A)** *Have you ever + PP ... ?*
- **B)** *How long have you + PP ... ?*
- **C)** *Has/Have + sujeto + PP ... ?* (*she/he/it/they/we + already*)
- **D)** Negativa interrogativa: *Haven't you + PP ... yet?*

**Preguntas para clasificar:**

1. Have you ever set off with no plan yet?
2. Has he eaten out there recently?
3. Has it picked up the smell yet?
4. How long have you carried this music?
5. Has she shared it yet?
6. Haven't you called it home yet?
7. Has the road kept our names in its dust?
8. Have they ever missed a beat?
9. Have we called it ours already?

#### 1.2 Ordena los *marcadores del presente perfecto* por función

- **Experiencia:**
- **Reciente:**
- **Tiempo:**
- **Frecuencia:**

**Marcadores:**

- |             |                |        |
|-------------|----------------|--------|
| 1. ever     | 3. lately      | 5. yet |
| 2. recently | 4. three times | 6. for |



7. since
8. just
9. so far

10. once
11. twice
12. never

13. already

**Ejemplo:** frecuencia - once

### 1.3 Clasifica los verbos en Irregulares / Regulares

- Irregulares:
- Regulares:

1. hold
2. keep
3. share
4. watch

5. dance
6. eat
7. give
8. set

9. tell
10. know
11. say
12. carry

## Parte 2: Mientras escuchas – “Detecta y haz shadowing”

**Objetivo:** Reconocer en contexto las preguntas en presente perfecto, marcadores, y *for/since*; practicar pronunciación/ritmo.

### 1. Primera escucha (sin letra):

Pon la canción [For Years](#) y no mires la letra. Al terminar, escribe una sola palabra en inglés que resuma la atmósfera/emoción general de la música.

### 2. Segunda escucha (con letra):

- **Subraya** las **preguntas** en presente perfecto.
- **Encierra** los **marcadores** (*ever, never, already, yet, just, recently, lately, so far*).
- **Resalta** los grupos con **for/since** (p. ej., *for years, since that first light*).

### 3. Shadowing

Repite en voz alta, marcando pausa/énfasis en las palabras en negrilla.

- “We’ve **just** set off; the city’s heart has **already** kept our time.”
- “**How long have you carried** this music?”
- “I **haven’t** called it home **yet**, but I’ve carried it **for years**.”

## Parte 3: Después de escuchar – “Aplica y afina”

**Objetivo:** Consolidar el uso de preguntas, marcadores y *for/since*.

### 1. Completa



Rellena los espacios con las palabras correspondientes según la letra de la canción.

### A. Formas de pregunta:

- 1) \_\_\_\_ you ever set off with no plan yet?
- 2) How long \_\_\_\_ you carried this music?
- 3) \_\_\_\_ she shared it \_\_\_\_?
- 4) \_\_\_\_ we called it ours \_\_\_\_?

### B. Marcadores:

- 5) We've \_\_\_\_ set off.
- 6) I've \_\_\_\_ named it fully.
- 7) I've \_\_\_\_ called it rest.
- 8) It has held us \_\_\_\_.

### C. For/Since y duración:

- 9) I've carried it \_\_\_\_ years.
- 10) I've stayed here \_\_\_\_ that first light.
- 11) We've kept the chorus \_\_\_\_ our first hour.
- 12) I've watched them \_\_\_\_ two summers.

## 2. Reformulación controlada

Reescribe **sin cambiar el significado**, usando solo recursos presentes en la letra de la canción y en la tabla educativa (preguntas, marcadores y *for/since*).

1. *You have held a city like a promise.* → (pregunta)
2. *We've carried it since our first hour.* → (duración)
3. *She has baked warm apple pie.* → (ya)
4. *He has not called it home.* → (todavía no)
5. *My brother has found a quiet café lately.* → (reciente).
6. *You have watched them two summers.* → (pregunta)

**Ejemplo:** *You have held a city like a promise.* → (pregunta) → **Have you ever held** a city like a promise (in your chest)?

## 3. Pareo en dos columnas – Marcadores del present perfect

Relaciona cada marcador con su significado/uso (escribe 1-X, 2-Y...).

### Columna A

1. ever
2. never
3. already
4. yet
5. just

### Columna B

- A. nunca
- B. ya (afirmativo)
- C. todavía / ya (preg.)
- D. recién / acabar de
- E. recientemente



- 6. recently
- 7. lately
- 8. so far
- 9. since

- F. últimamente
- G. hasta ahora
- H. desde + inicio
- I. alguna vez

## Parte 4: Producción escrita – “Mapa de memorias”

**Objetivo:** Escribir un mini-texto personal integrando preguntas, marcadores y *for/since*.

**Instrucciones:** Redacta 90–120 palabras sobre un lugar, una banda o una ciudad que te ha gustado “por años”. **Incluye:**

- **2 preguntas** en presente perfecto (1 con **ever** y 1 con **How long...?**).
- **2 marcadores** (elige entre: already, yet, just, recently, lately, so far).
- **1 grupo con for/since** (p. ej., *for years*, *since last June*).
- **1 verbo irregular en present perfect** (p. ej., *I’ve known*, *it has kept*).
- **1 “cita”** breve de la canción entre comillas.

**Ejemplo:** Have you ever held a place like a promise? I’ve **just** walked its streets again; I’ve **already** called it rest. **How long have you carried** a rhythm that won’t fade? I’ve kept this melody **since** our first summer; I’ve known its corners **for years**. “I haven’t called it home yet.”

## Parte 5: Cierre y auto-chequeo – “Pásalo”

**Objetivo:** Verificar dominio inmediato y transferirlo a tu voz.

1. Vuelve a escuchar “[For Years](#)” y responde:

- A) Escribe **una** línea con **since + inicio** que escuches literalmente.
- B) Escribe **una** línea con **for + periodo** que escuches literalmente.

2. Auto-chequeo guiado (mini-prueba, luego elige A/B)

Completa y revisa con la clave de respuestas.

- a) \_\_\_\_ we called it ours already?
- b) I’ve \_\_\_\_ named it fully.
- c) We’ve kept the chorus \_\_\_\_ our first hour.
- d) (Pregunta con “yet”) → \_\_\_\_ she shared it \_\_\_\_?

Elige según tu resultado en la prueba anterior:

- **A)** 3–4 correctas: “Domino preguntas, marcadores y *for/since* de esta canción.”
- **B)** 0–2 correctas: “Necesito repasar marcadores y *for/since*; volveré a la Parte 3.”

3. Reto final



Escribe 3–4 líneas sobre una costumbre o experiencia que hayas tenido. **Incluye 2 marcadores, 1 oración con for/since, 1 pregunta en present perfect, y 1 “cita” de la canción.**

**Ejemplo:**

**Have you ever carried** a rhythm this close to your chest? I’ve **just** walked those streets again; I’ve **already** called it rest, holding this chorus **for** years. **“We’ve kept the chorus since our first hour.”**

## ¡Impresionante trabajo!

Has completado el taller de [“For Years”](#). Escucha la canción varias veces más y sigue practicando para mejorar tu inglés cada día más.

**¡Continúa disfrutando y aprendiendo con la música!**

Tabla educativa: [For Years](#)

| Categoría                   | Inglés                                                                                                                       | Español                          |
|-----------------------------|------------------------------------------------------------------------------------------------------------------------------|----------------------------------|
| Preguntas Presente Perfecto | <b>Have you ever + PP ... ? — “Have you ever set off with no plan yet?” / “Have you ever held a city like a promise...?”</b> | ¿Alguna vez has + PP ...?        |
|                             | <b>How long have you + PP ... ? — “How long have you carried this music?”</b>                                                | ¿Desde hace cuánto has + PP ...? |
|                             | <b>Has she + PP ... ? — “Has she shared it yet?”</b>                                                                         | ¿Ella ha + PP ...?               |
|                             | <b>Has he + PP ... ? — “Has he eaten out there recently?”</b>                                                                | ¿Él ha + PP ...?                 |
|                             | <b>Has it + PP ... ? — “Has it picked up the smell yet?”</b>                                                                 | ¿Eso/ello ha + PP ...?           |
|                             | <b>Has + noun + PP ... ? — “Has the road kept our names in its dust?”</b>                                                    | ¿Ha + sustantivo + PP ...?       |
|                             | <b>Have they (ever) + PP ... ? — “Have they ever missed a beat?”</b>                                                         | ¿(Alguna vez) han + PP ...?      |
|                             | <b>Have we + PP ... (already)? — “Have we called it ours already?”</b>                                                       | ¿Hemos + PP ... (ya)?            |
|                             | <b>Haven’t you + PP ... yet? — “Haven’t you called it home yet?”</b>                                                         | ¿Todavía no has + PP ...?        |
| Respuestas afirmativas      | <b>“Yes, I have. I’ve already crossed those hills once, twice, three times.”</b>                                             | Sí, he... (+ detalle)            |
|                             | <b>“Yes, it has. It has held us so far.”</b>                                                                                 | Sí, ha...                        |
|                             | <b>“Yes, we have. We’ve carried it for years; we’ve kept the chorus since our first hour.”</b>                               | Sí, hemos...                     |
|                             | <b>“I haven’t called it home yet.”</b>                                                                                       | No he... (todavía)               |



| Categoría                        | Inglés                                                                                                                         | Español                   |
|----------------------------------|--------------------------------------------------------------------------------------------------------------------------------|---------------------------|
| Respuestas negativas             | "They <b>haven't</b> . They've <b>never stayed away</b> ; they've <b>danced</b> here <b>since</b> that first streetlight."     | No han... (+ explicación) |
| Marcadores del presente perfecto | <b>ever</b> — "Have you <b>ever</b> held a city...?"                                                                           | alguna vez                |
|                                  | <b>never</b> — "I've <b>never</b> named it fully"                                                                              | nunca                     |
|                                  | <b>already</b> — "She's <b>already</b> baked warm apple pie"                                                                   | ya                        |
|                                  | <b>yet</b> — "I haven't called it home <b>yet</b> "                                                                            | todavía / ya (preg.)      |
|                                  | <b>just</b> — "We've <b>just</b> set off" / "I've <b>just</b> not said it clear"                                               | recién / acabar de        |
|                                  | <b>recently</b> — "My sister has learned... <b>recently</b> " / "eaten out there <b>recently</b> ?"                            | recientemente             |
|                                  | <b>lately</b> — "My brother has found a quiet café <b>lately</b> "                                                             | últimamente               |
|                                  | <b>so far</b> — "it has held us <b>so far</b> "                                                                                | hasta ahora               |
|                                  | <b>once</b> — "I've already crossed those hills <b>once</b> "                                                                  | una vez                   |
|                                  | <b>twice</b> — "she has given slices <b>twice</b> "                                                                            | dos veces                 |
|                                  | <b>three times</b> — "he's eaten there <b>three times</b> "                                                                    | tres veces                |
| Preposiciones                    | <b>for</b> + periodo — "I've carried it <b>for</b> years"; "I've <b>watched</b> them <b>for</b> two summers."                  | durante / desde hace      |
|                                  | <b>since</b> + inicio — "I've stayed here <b>since</b> that first light"; "we've kept the chorus <b>since</b> our first hour." | desde                     |
| Verbos Irregulares               | hold – held – <b>held</b> — "Have you ever <b>held</b> a city...?"                                                             | sostener                  |
|                                  | keep – kept – <b>kept</b> — "the city's heart has already <b>kept</b> our time"                                                | mantener                  |
|                                  | feel – felt – <b>felt</b> — "it has still <b>felt</b> new"                                                                     | sentir                    |
|                                  | find – found – <b>found</b> — "markets I've <b>found</b> recently"                                                             | encontrar                 |
|                                  | eat – ate – <b>eaten</b> — "he has <b>eaten</b> there three times"                                                             | comer                     |
|                                  | give – gave – <b>given</b> — "she has <b>given</b> slices twice"                                                               | dar                       |
|                                  | set – set – <b>set</b> — "We've just <b>set off</b> "                                                                          | partir/salir              |
|                                  | tell – told – <b>told</b> — "Have you <b>told</b> your heart the truth yet?"                                                   | contar/decir              |
|                                  | know – knew – <b>known</b> — "I've <b>known</b> this road since we met"                                                        | conocer/saber             |
|                                  | say – said – <b>said</b> — "I've just not <b>said</b> it clear"                                                                | decir                     |
| Verbos regulares                 | answer – answered – <b>answered</b>                                                                                            | responder                 |
|                                  | bake – baked – <b>baked</b>                                                                                                    | hornear                   |
|                                  | call – called – <b>called</b>                                                                                                  | llamar                    |
|                                  | carry – carried – <b>carried</b>                                                                                               | llevar                    |
|                                  | change – changed – <b>changed</b>                                                                                              | cambiar                   |
|                                  | cross – crossed – <b>crossed</b>                                                                                               | cruzar                    |
|                                  | curl – curled – <b>curled</b>                                                                                                  | acurrucarse               |
|                                  | dance – danced – <b>danced</b>                                                                                                 | bailar                    |



| Categoría | Inglés                                 | Español                |
|-----------|----------------------------------------|------------------------|
|           | end – ended – <b>ended</b>             | terminar               |
|           | gather – gathered – <b>gathered</b>    | reunirse / congregarse |
|           | learn – learned – <b>learned</b>       | aprender               |
|           | look (around) – looked – <b>looked</b> | mirar / explorar       |
|           | miss – missed – missed                 | extrañar               |
|           | name – named – <b>named</b>            | nombrar                |
|           | pick (up) – picked – <b>picked</b>     | recoger / captar       |
|           | save – saved – <b>saved</b>            | guardar                |
|           | share – shared – <b>shared</b>         | compartir              |
|           | start – started – <b>started</b>       | empezar / iniciar      |
|           | stay – stayed – <b>stayed</b>          | quedarse / permanecer  |
|           | wait – waited – <b>waited</b>          | esperar                |
|           | walk – walked – <b>walked</b>          | caminar                |
|           | watch – watched – <b>watched</b>       | ver / mirar            |

## Clave de respuestas

### Parte 1

#### 1.1

- 1) Have you ever set off with no plan yet? (A)
- 2) Has he eaten out there recently? (C)
- 3) Has it picked up the smell yet? (C)
- 4) How long have you carried this music? (B)
- 5) Has she shared it yet? (C)
- 6) Haven't you called it home yet? (D)
- 7) Has the road kept our names in its dust? (C)
- 8) Have they ever missed a beat? (A)
- 9) Have we called it ours already? (C)

#### 1.2

- **Experiencia:** ever, never
- **Reciente:** just, recently, lately, already
- **Tiempo:** for, since, yet, so far
- **Frecuencia:** three times (o cualquier número + times), once, twice

#### 1.3

##### Irregulares:

- hold

##### Regulares:

- share



- keep
- eat
- give
- set
- tell
- know
- say
- watch
- dance
- carry

## Parte 2

1. No hay respuestas incorrectas. Sin embargo, para revisar lo que anotaste, puedes pedirle al [tutor virtual](#) o uno que conozcas que te corrija. También podrías buscar opciones en internet.
2. Revisa la tabla educativa y compara tus respuestas.
3. Solo debes intentar imitar lo que escuchas. Puedes grabar tu propia voz y comparar con la canción.

## Parte 3

1.

### A. Formas de pregunta:

1. **Have** you ever set off with no plan yet?
2. How long **have** you carried this music?
3. **Has** she shared it **yet**?
4. **Have** we called it ours **already**?

### B. Marcadores:

5. We've **just** set off.
6. I've **never** named it fully.
7. I've **already** called it rest.
8. It has held us **so far**.

### C. For/Since y duración:

9. I've carried it **for** years.
10. I've stayed here **since** that first light.
11. We've kept the chorus **since** our first hour.
12. I've watched them **for** two summers.

2.

You have held a city like a promise. (pregunta)

- **Have you ever held a city like a promise in your chest?**

We've carried it since our first hour. (duración)



- **We've carried it for years.**

- (Se usa 'for years' como un marcador de duración alternativo que está en la canción. 'Since our first hour' es también de duración, pero la instrucción pide reescribir con otro recurso de la tabla.)

She has baked warm apple pie. (ya)

- **She's already baked warm apple pie.**

He has not called it home. (todavía no)

- **He hasn't called it home yet.**

My brother has found a quiet café lately. (reciente)

- **My brother has found a quiet café recently.**

- (Se usa 'recently' como marcador de reciente alternativo que está en la canción, similar a 'lately'.)

You have watched them two summers. (pregunta)

- **Have you watched them for two summers?**

3.

- |             |                       |
|-------------|-----------------------|
| 1. ever     | I. alguna vez         |
| 2. never    | A. nunca              |
| 3. already  | B. ya                 |
| 4. yet      | C. todavía / ya       |
| 5. just     | D. recién / acabar de |
| 6. recently | E. recientemente      |
| 7. lately   | F. últimamente        |
| 8. so far   | G. hasta ahora        |
| 9. since    | H. desde + inicio     |

#### Parte 4

1. Puedes pedirle al [tutor virtual](#) o uno que conozcas que revise tu escrito y te dé retroalimentación. También podrías buscar opciones en internet.

#### Parte 5

1. No hay respuestas incorrectas. Solo sé consciente de tus fortalezas y debilidades y repasa lo que sientas que aún no comprendes bien. Puedes acudir al [tutor virtual](#) en caso de cualquier duda.

2.

- a) **Have** we called it ours already?
- b) I've **never** named it fully.
- c) We've kept the chorus **since** our first hour.
- d) (Pregunta con "yet") **Has** she shared it **yet**?



3. Puedes pedirle al [tutor virtual](#) o uno que conozcas que revise tu escrito y te dé retroalimentación. También podrías buscar opciones en internet.

## Profundización:

### Presente Perfecto.

Este tiempo verbal se usa para conectar el pasado con el presente. El archivo te muestra cómo construirlo y en qué situaciones usarlo.

Sus componentes:

#### 1. La Fórmula (Cómo construirlo)

El archivo te muestra la estructura para hacer preguntas y respuestas. La fórmula siempre usa dos partes: el verbo auxiliar **have / has** y un verbo principal en **Participio Pasado (PP)**.

- **Preguntas:** Te da ejemplos de cómo empezar preguntas sobre experiencias (Have you ever...?) o sobre duración (How long have you...?).
- **Respuestas:** Te muestra cómo dar respuestas cortas (Yes, I have) o negativas (I haven't... yet).

#### 2. Los "Ingredientes" (Los Verbos)

Para usar la fórmula, necesitas la forma correcta del verbo. La tabla educativa te da dos listas de "ingredientes":

- **Verbos Regulares:** El participio pasado termina en -ed (Ej. call - called).
- **Verbos Irregulares:** El participio pasado cambia y hay que memorizarlo (Ej. eat - eaten o hold - held).

#### 3. Las "Señales" (Cuándo usarlo)

Esta es la parte más importante. Son las palabras que te indican que *debes* usar el Presente Perfecto.

- **for y since (Preposiciones):**
  - **for + período:** Para hablar de una *duración* de tiempo (Ej. for years - por años).
  - **since + inicio:** Para hablar de un *punto de inicio* (Ej. since 2020 - desde 2020).
- **Marcadores de tiempo:**
  - Palabras como **ever** (alguna vez), **never** (nunca), **already** (ya), **yet** (todavía / ya) y **just** (recién / acabar de).
  - También se usa con **recently** (recientemente) y **so far** (hasta ahora).

Puedes profundizar sobre el tema preguntándole al [tutor virtual](#).



**Canción:** [For Years](#)

**Género Musical:** Salsa

**Letra y composición:** Sergio Ossa con asistencia de IA

**Producción musical:** Suno IA y dirección humana

**Edición de video:** Kamila Betancur con asistencia de IA

**Álbum:** Breaking the Silence

**Publicado por:** English Beats Academy

**Nivel de inglés:** B1

### [INTRO]

We've just set off, the city's heart has already kept our time.

I've carried small dawns lately, with markets I've found recently.

I haven't named this feeling yet; I've saved its songs so far.

I've walked for years between stations; I've stayed here since that first light.

We've called this road home once, twice, three times, and it has still felt new.

What we've found has stayed with us, open, unfinished, alive.

### [VERSE 1]

At sunrise, I've crossed quiet bridges; the map has ended in light.

Have you ever set off with no plan yet?

Yes, I have, I've already crossed those hills once, twice, three times.

We've looked around small roads for years, since that first ride.

Has the road kept our names in its dust?

It has, we've carried its turns since that first night; it has held us so far.

### [CHORUS]

Have you ever held a city like a promise in your chest?

I've never named it fully; I've already called it rest.

I haven't called it home yet, but I've carried it for years.

I've known this road since we met; it has answered through our tears.

### [VERSE 2]

My sister has learned a neighbor's recipe recently.

Has she shared it yet?

### [CHORUS]

Have you ever held a city like a promise in your chest?

I've never named it fully; I've already called it rest.

I haven't called it home yet, but I've carried it for years.

I've known this road since we met; it has answered through our tears.

### [VERSE 3]

The crowd has gathered in the square since last June.

Have they ever missed a beat?

They haven't, they've never stayed away; they've danced here since that first streetlight.

The band has changed the tempo lately.

Have you watched them for two summers?

Yes, I have, I've watched them for two summers;

I haven't learned all the steps yet.

The city has kept this rhythm so far.

Have we called it ours already?

We have, we've carried it for years; we've kept the chorus since our first hour.

### [CHORUS]

Have you ever held a city like a promise in your chest?

I've never named it fully; I've already called it rest.

I haven't called it home yet, but I've carried it for years.

I've known this road since we met; it has answered through our tears.

### [BRIDGE]

How long have you carried this music?

I've carried it for a lifetime's turn; I've held it since our first cheer.



She has, she's already baked warm apple pie;  
she has given slices twice.  
My brother has found a quiet café lately.  
Has he eaten out there recently?  
He has, he's eaten there three times; he hasn't  
called it home yet.  
The dog has waited by the door since noon.  
Has it picked up the smell yet?  
It has, it's just curled under the table; it has  
stayed by our shoes so far.

Haven't you called it home yet?  
Yes, I have, I've just not said it clear.

**[OUTRO]**

Have you told your heart the truth yet?  
I've already started mine; I've kept it for you  
since we began.

